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Services and Programs

Our Children First Program embeds mental healthcare into school communities, so students can receive support where they learn. In 2020, we served a total of 16 schools, supporting a total of 318 students, ages 5 to 18.

Our Integrated Care Program brings mental healthcare into communities where people live or receive services to reduce barriers to mental healthcare. Through this program, we were able to reach 199 of people in the Denver Metropolitan Area, including older adults and survivors of domestic violence.

This year we expanded our reach into Southeast Colorado to meet the needs of underserved communities in rural areas of the state. Two clinical fellows were placed in La Junta for this partnership, and were provided tiny homes to relocate!

Through our Options Program we saw an unprecedented rise in outreach. Our Access Center experienced an increase in clients interested in our various programs, resulting in 9,874 sessions for our Options Program alone.

We continued to improve and expand our Survivor's Mental Health Program (SMHP) and were able to provide 754 subsidized sessions to this population.

New programs, such as Teacher Self-Care Groups were piloted in 2020 to support remote learners and teachers during the pandemic. We also shifted our programming to provide telehealth services throughout the pandemic and maintain best practices while utilizing this new service method.

*Data for 2020 represents unaudited statistics based on electronic health records*

NUMBER OF PEOPLE WE HELPED

**Programs (Number of Clients:)**

- Children First: 318
- Integrated Care program: 199
- Options program: 825
- SMHP program: 44

Success in Southeast Colorado

"From the first session, the professionalism and compassion my therapist showed me made me feel very comfortable. I've tried counseling throughout my life and it never worked - until now."

"For the first time in my life, I feel at peace with my past. After experiencing suffering for many years it is a blessing to finally feel hope."
We also expanded our training to include macro interns, supporting community engagement and marketing.

As a result of the pandemic, many people spent 2020 working from home. Maria Droste took this opportunity to find volunteers from all over the United States and beyond to join our work. In total, we had 13 volunteers that helped us with social media marketing, tech support, graphic design as well as other crucial work to support our mission. Our volunteers ranged from Coloradans to residents of India!
DID YOU KNOW?

Maria Droste's unique model of service allows full-fee clients to support up to 24 sessions of counseling to those who otherwise could not afford it.

That's self-care paid forward.
Legacy Society

In response to a growing demand for services we updated our planned donation giving webpage, launched projects on broader fundraising work, as well as designed a new giving society to fundraise for affordable mental healthcare. With an eye toward the future, we established The Linda E. McKinzie Endowment Fund. This fund will ensure counseling access will remain in perpetuity.

The Legacy Society was created to increase our donor engagement and highlight the importance of our donor base in making our mission possible.

Thank you to all of our donors for supporting our community!

The Commitment
Reserved for those who have included Maria Droste Counseling Center in their estate plans and wish to leave a legacy as a mental health champion.

Society Members
Linda McKinzie & Sue Kamler

Lifetime Society
Reserved for those who have committed to supporting mental health access throughout their lives.
These donors have given over $50,000 cumulatively to Maria Droste Counseling Center in their lifetime.

Century Society
Reserved for those who believe mental health care should be accessible in the 21st century.
These donors have given a cumulative $10,000 in the last 3 years.

$50,000+

A.V. Hunter Trust
The Anschutz Foundation
The Beacon Fund
Jennifer Bater & David Anderson
Caring for Colorado Foundation
Caring for Denver Foundation
Community First Foundation
The Colorado Trust
Cathy & Jay Reano / Reano Family Foundation
The Jay & Rose Phillips Family Foundation of Colorado
Spirit of Christ Catholic Community
Sisters of Mercy West Midwest Community
Virginia Hill Charitable Foundation

$10,000+

David Brunick & Barbara Frey
The Fritz Fund
The LARRK Foundation
Mile High United Way
NextFifty Initiative
Connie Burwell White & William White Foundation

The Denver Foundation
ECA Foundation
Ellen McKinzie
Impact 100 Metro Denver
Jesse Wolff
Linda McKinzie & Sue Kamler
Rose Community Foundation
Sisters of St. Francis
To learn more about each society level and the impact they have on the community, please visit [http://bit.ly/MariasSociety](http://bit.ly/MariasSociety).

### Maria's Champion

$5,000 to $10,000 annually

- Dr. Joel & Lorna Chapa
- Mabel Y. Hughes Charitable Trust

### Maria's Protector

$2,500 to $4,999 annually

- Brunick Family Foundation
- COBank
- The Edward Madigan Foundation
- Hall & Evans, LLC / Chad Gilliam
- Dr. Sandra & Jonathan Mann

### Maria's Supporter

$1,000 to $2,499 annually

- Nancy Alterman
- Dr. Susan Anderson
- Alan Arbuckle & Eric Cornejo
- Marshall & Shari Aster
- Augustana Lutheran Church
- Scott Bechler
- The Benevity Community Impact Fund
- Bethany Lutheran Church
- Joan Brennan
- Connie & Bruce Campbell
- Renee Cohen
- Denver Active 20-30 Children's Foundation
- Community Shares of Colorado
- Denver Springs
- Craig Disnell
- Theresa & Bill Elder
- John Farrell

- Don & Cynthia Fetherman
- Kim Fitzgerald
- Claudia Gray & Becky Sharp
- Leslie Hasche
- Russ & Sue Haskell Charitable Fund
- Marsena Holsopple & CJ Malament
- Impact 100
- Kaiser Permanente
- KidneyLife Foundation Inc.
- Adam Lewis
- Luchsinger Family Foundation
- Dr. Judith & Moshe Mann
- Christopher McGinnis

- Hazel Field & M Herzl Melmed
- Momentum Telecom
- Metro State University
- Aaron Oberg
- Tamara Pester
- Darin Pollard
- Schlessman Family Foundation
- Dr. Larry & Maria Seid
- Joel Silverman
- Structured Plus Communications
- Jean & Chuck Townsend
- Travis Turner
- Allstate Foundation
- University of Colorado at Denver
- Michael & Tami Webb
- Zim Consulting, Inc
MDCC aims to work with sponsors and partners to contribute to the vision that everyone, regardless of their ability to pay, deserves counseling and mental health access. In 2020, our sponsors and collaborators made an undeniable impact in the lives of Coloradans.

Beyond ensuring the continued access to counseling and fundraising events, sponsors and partners helped to train the next generation of therapists and allowed us to transition to telehealth in the midst of the pandemic. These sponsors allowed us to provide life-enhancing programs that directly affected the well-being of thousands of children and adults. Our partner sites also illustrated their commitment to mental health by embedding our counselors into their operations throughout the year.

Thank you to all of our sponsors and partners for your vital role in the fight against mental health stigma and for ensuring access to equitable, high-quality mental health care!

**SIGNATURE SPONSORS**

**PLATINUM SPONSORS**

**GOLD SPONSORS**

Maria Droste's annual gala was held virtually, celebrating a special year of success. Through our annual gala we honor community members dedicated to our mission, connect with those interested in Maria Droste, and raise funds to ensure we can continue serving Coloradans in need of therapy.

Despite the change in format, the event was a success! Through our silent auction and paddle raises our community raised close to $100,000 for mental health access!
COVID-19 presented many obstacles, but we were able to hold our 2020 golf tournament with 148 participants, nearly doubling the amount of last year’s registration. Golfers experienced a staggered start time, socially distanced lunch, and a virtual awards ceremony. It was a huge success!

In the last 5 years alone, the tournament has raised over $125,000 and has provided over 2,000 sessions to children and families who would otherwise not be able to receive counseling services.
Our Young Professionals Board (YPB) collected donations to create baskets full of goodies and wellness items for staff at our 12 Children First schools to promote self-care for our essential workers.

Our Young Professionals Board is an ever-evolving group of individuals committed to furthering Maria Droste’s mission. They are stewards in the community and supporters of our work and our partner sites.

Self Care Baskets for Teachers

Our Young Professionals Board (YPB) collected donations to create baskets full of goodies and wellness items for staff at our 12 Children First schools to promote self-care for our essential workers.

Adopt a Family | Tatonka

Tatonka Education Services (TES) partnered with our development team and interns to donate toys, clothes, and other items to sponsor two families receiving services at Maria Droste, providing gifts for their entire family this holiday season.

Mental Health Monday Webinars

- An Hour of Happiness: Mental Health and Humor- May
- Mind/Body Connection - June
- Virtual Paint & Sip with the Young Professional's Board - July
- Back to School Webinar: Navigating the Unique Challenges of 2020 - August

Mask-a-Rade for Mental Health Virtual Gala

A virtual version of our annual gala. Socially distanced and as successful as ever!

Powerful Moments Power Our Mission

"Once she had permission to get angry and to feel that feeling she absolutely destroyed my office...that was the first time I’d ever heard her laugh out loud and the next session she spoke to me for the first time..."